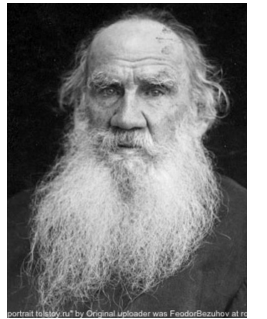


# Nonequilibrium phenomena in (homogeneous) quantum gases

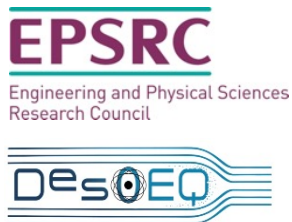
*All equilibrium systems are alike;  
each nonequilibrium one is out of equilibrium in its own way*  
(Anna Karenina principle in many-body physics)



Leo Tolstoy, 1877

Zoran Hadzibabic  
University of Cambridge

Les Houches, Sep 2021



# Outline

## Part 1: Intro

1.1 Motivation, universality vs. stamp collecting

1.2 Experimental system(s) and tools

## Part 2: Two unintentionally-nonequilibrium stories

2.1 Weak interactions + losses

2.2 Strong interactions + quench + losses (example of prethermalization)

## Part 3: Three related intentionally-nonequilibrium stories

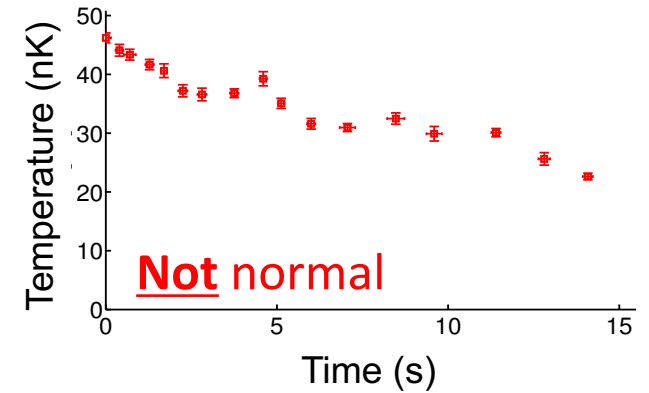
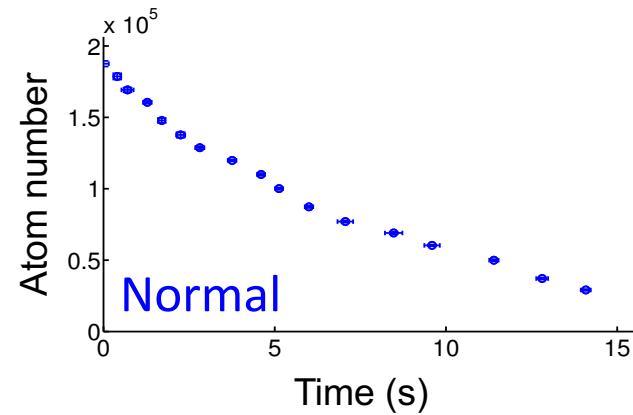
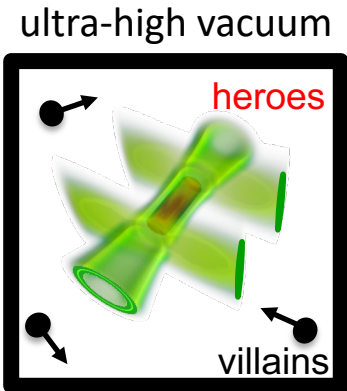
3.1 Critical dynamics

3.2 Turbulence

3.3 Universality far from equilibrium

Part 2.1:  
Weak interactions + losses

# First surprise in a box... weird spontaneous cooling

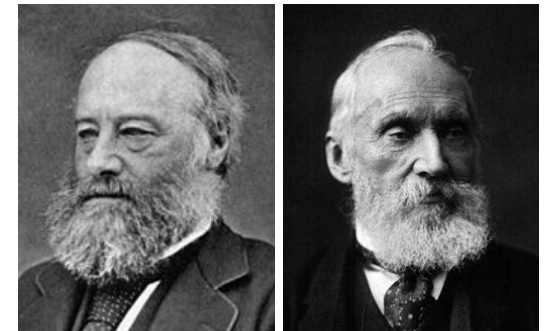


Very low density:

- (1) neglect interactions,
- (2) only one-body losses!

energy:  $E/N = \text{const}$   
enthalpy:  $H/N = (E + PV)/N = \text{const}$

isoenthalpic rarefaction  
= Joule-Thomson effect



Wikipedia: ... temperature change of a real gas (as opposed to an ideal gas) ...

# Quantum Joule-Thomson effect

More general:

Classical:

Cooling for ~~attractive forces~~ <sup>affinity</sup> between particles

Heating for ~~repulsive forces~~ <sup>aversion</sup> between particles

Quantum:

**Bosons cool**

**Fermions heat**

## Joule-Thomson Effect and Quantum Statistics

IN view of the numerous physical and astrophysical applications of the new quantum statistics it may be worth while to investigate the Joule-Thomson effect for a gas obeying Fermi-Dirac or Bose-Einstein statistics. The calculation is simple and runs on the usual lines. The results obtained are quite interesting.

$$\left(\frac{\partial T}{\partial p}\right)_i = 0.076^\circ/\text{atmos.}$$

for helium at  $5^\circ$  K. The Van der Waals effect is much the larger, but the statistical effect is still 10 per cent of it. It therefore seems possible that the Joule-Thomson effect under suitable conditions may provide an experimental test of the statistics obeyed by gases, say, helium.

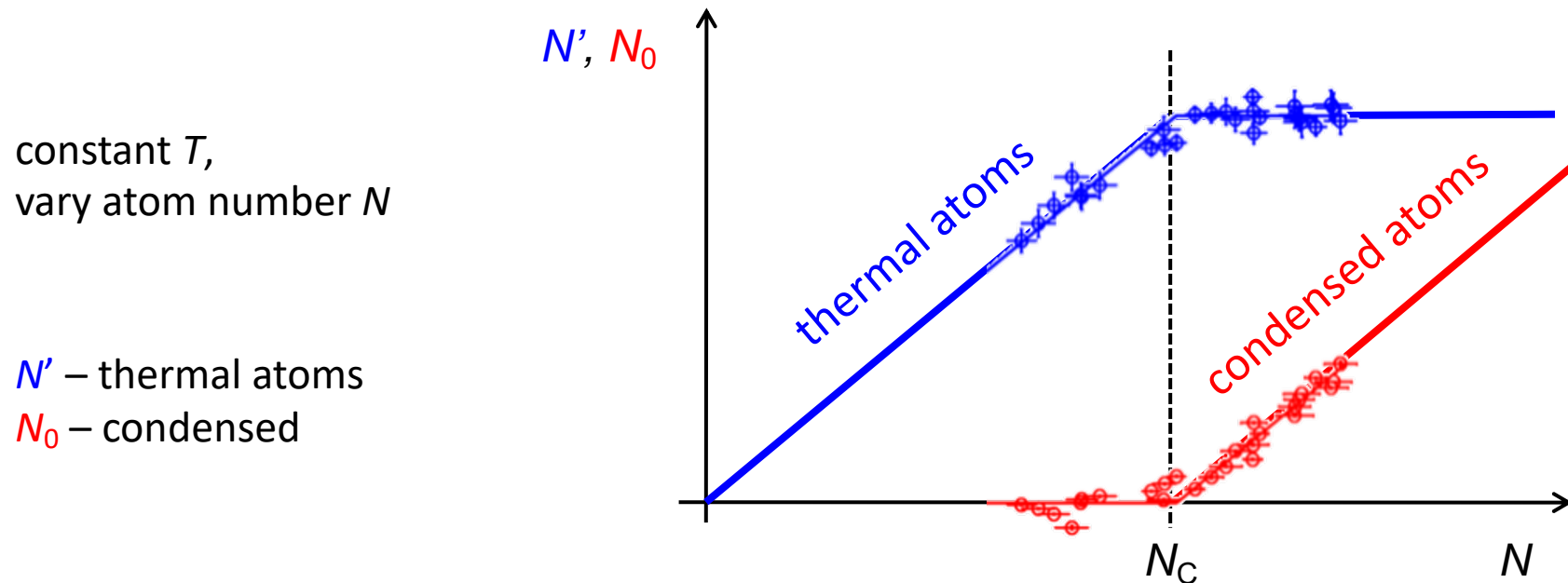
D. S. KOTHARI.

B. N. SRIVASAVA.

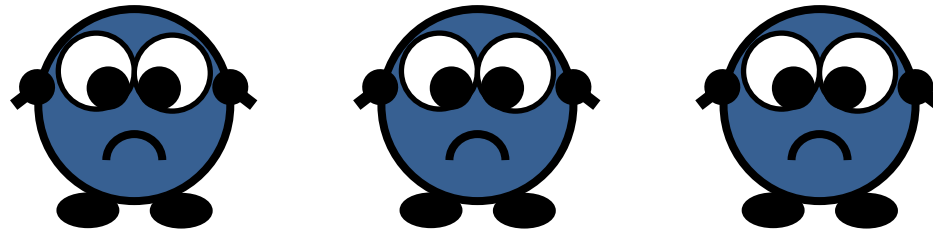
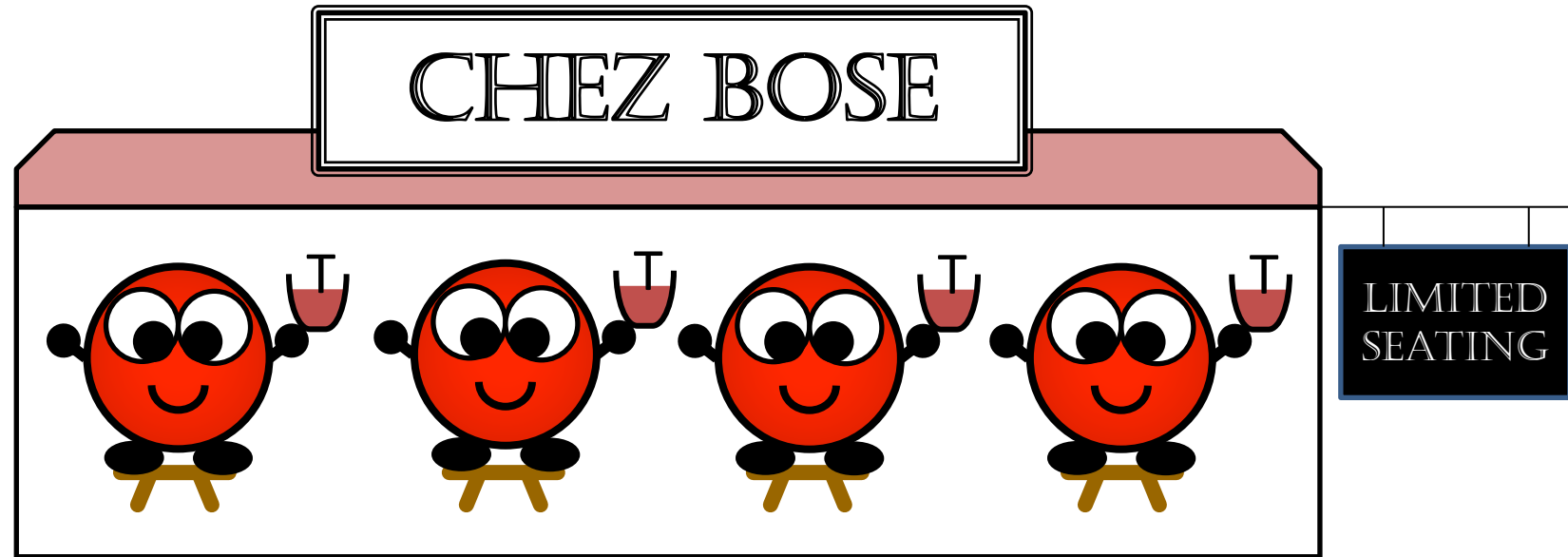
# Quantum Joule-Thomson effect

Even simpler in 2014 (for a partially condensed gas):

“... one part condenses,  
the rest remains a saturated ideal gas.”  
(Einstein, 1925)

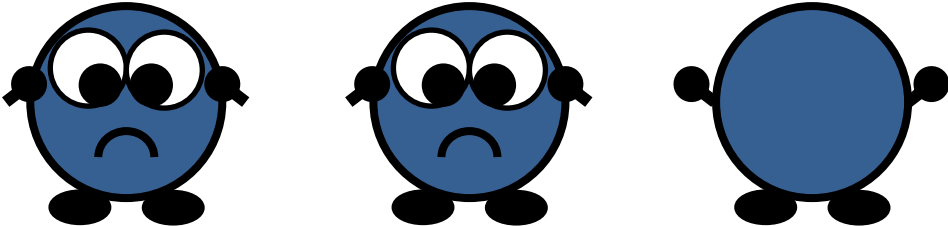
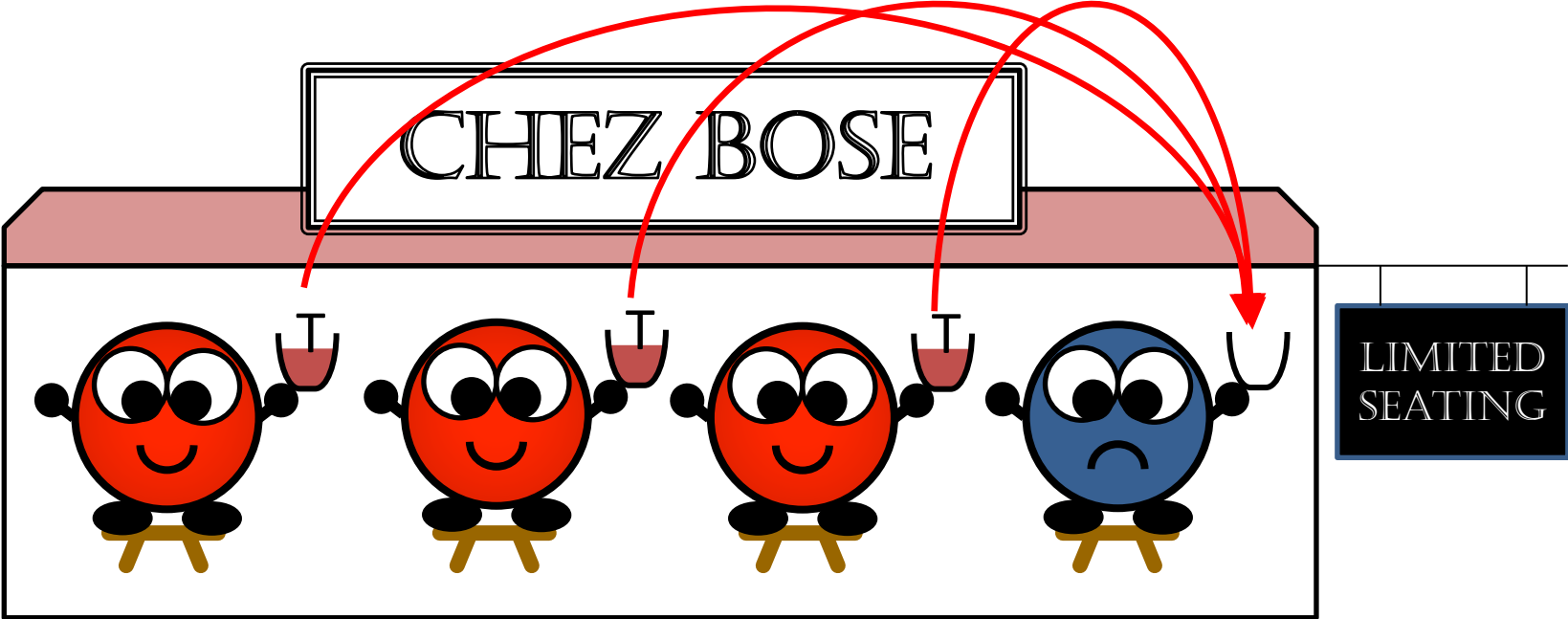


# Quantum JT in a saturated Bose gas

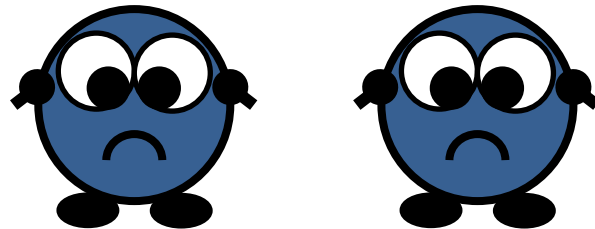
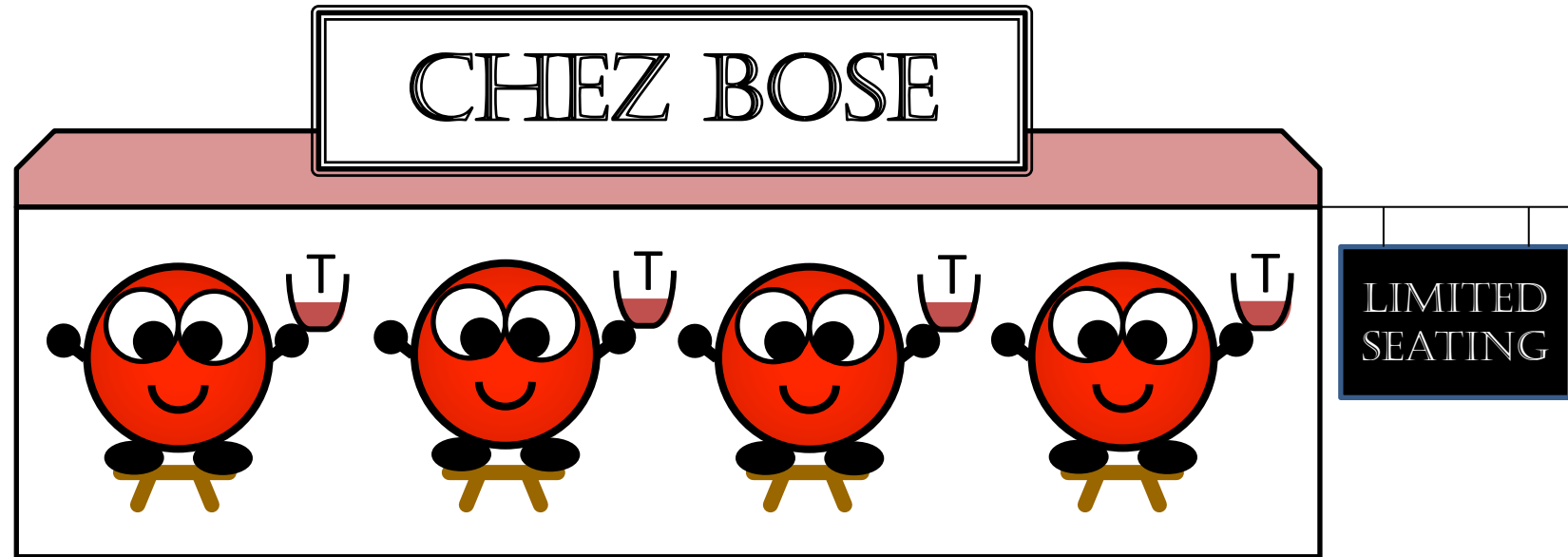




# Quantum JT in a saturated Bose gas

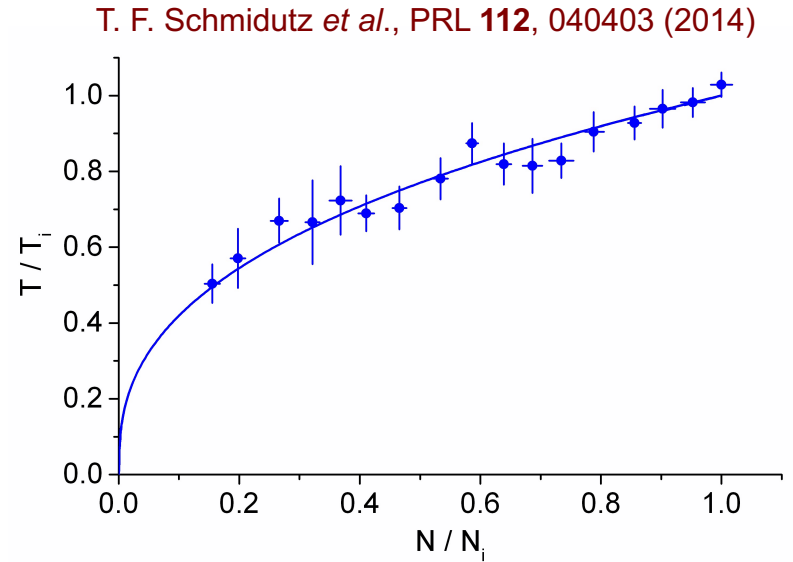


# Quantum JT in a saturated Bose gas



# Quantum Joule-Thomson effect

$$\frac{E}{N} \propto \frac{N'T}{N} = \frac{N_c T}{N} \propto \frac{T^{5/2}}{N} = \text{const.}$$



QJT coefficient:

$$\mu_{\text{JT}} = \left( \frac{\partial T}{\partial P} \right)_h \propto \frac{\hbar^3}{T^{3/2}}$$

1937 hope: 0.076°/atmos.

2014: > 10<sup>9</sup> K/atmos.

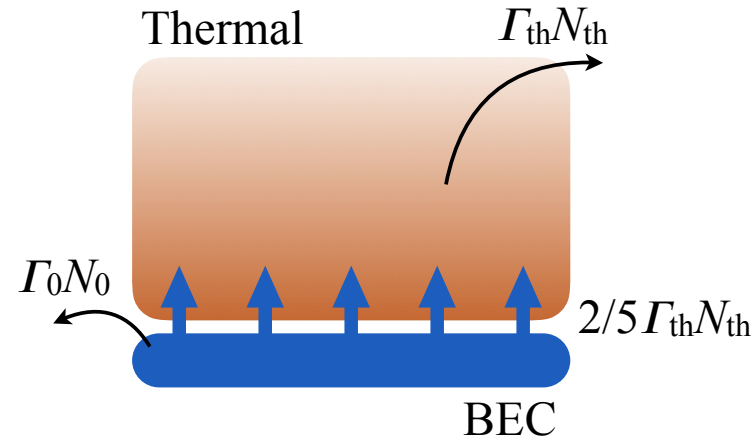
Is this really cooling?

(only) Sort of... temperature does drop... but you lose the BEC

# Outlook: can do even better with 3-body recombination losses

(just theory so far)

L. H. Dogra *et al.*, PRL **123**, 020405 (2019)



“purification coefficient”

$$\mathcal{P} = \frac{\dot{N}_{\text{th}}/N_{\text{th}}}{\dot{N}/N} = \frac{3}{5} \frac{\Gamma_{\text{th}}}{\Gamma}$$

$$\Gamma = -\dot{N}/N$$

would love

$$\mathcal{P} > 1$$

1-body loss (Quantum J-T):

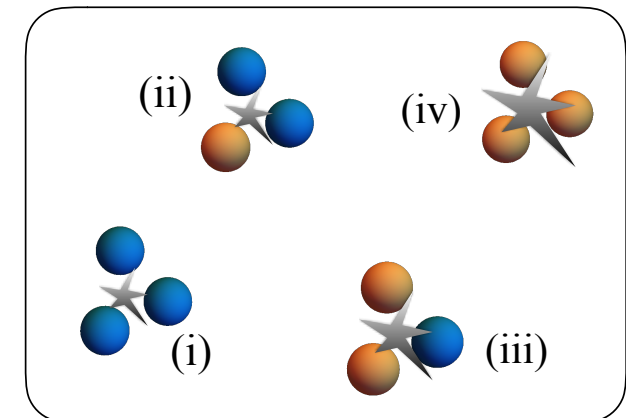
$$\Gamma_{\text{th}} = \Gamma_0 = \Gamma \quad \mathcal{P} = 3/5 < 1$$

3-body recombination:

$$\dot{n}/n = -g_3 K_3 n^2$$

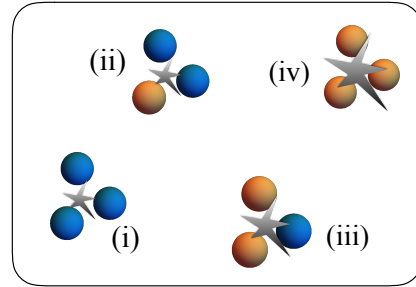
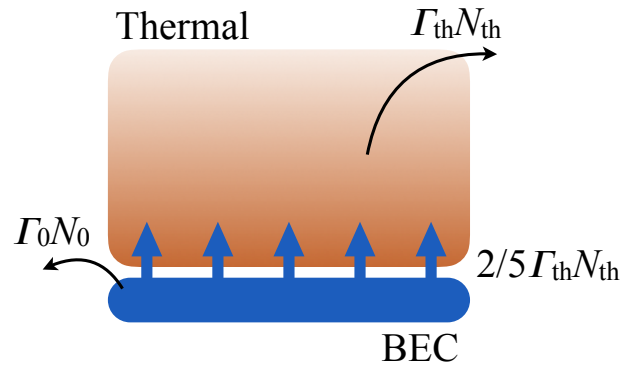
$$g_3 = \frac{3!}{n^3} \left( \frac{1}{3!} n_0^3 + \frac{1}{2!} 3n_0^2 n_{\text{th}} + 3n_0 n_{\text{th}}^2 + n_{\text{th}}^3 \right)$$

“no boson bunching in a BEC”  
favors loss of thermal atoms!



# 3-body cooling and purification – the maths (some of it)

“purification coefficient”  $\mathcal{P} = \frac{\dot{N}_{\text{th}}/N_{\text{th}}}{\dot{N}/N} = \frac{3}{5} \frac{\Gamma_{\text{th}}}{\Gamma}$       $\Gamma = -\dot{N}/N$



$$\Gamma_0 N_0 = K_3 (N_0^3 + 6N_0^2 N_{\text{th}} + 6N_0 N_{\text{th}}^2 + 0) / V^2$$

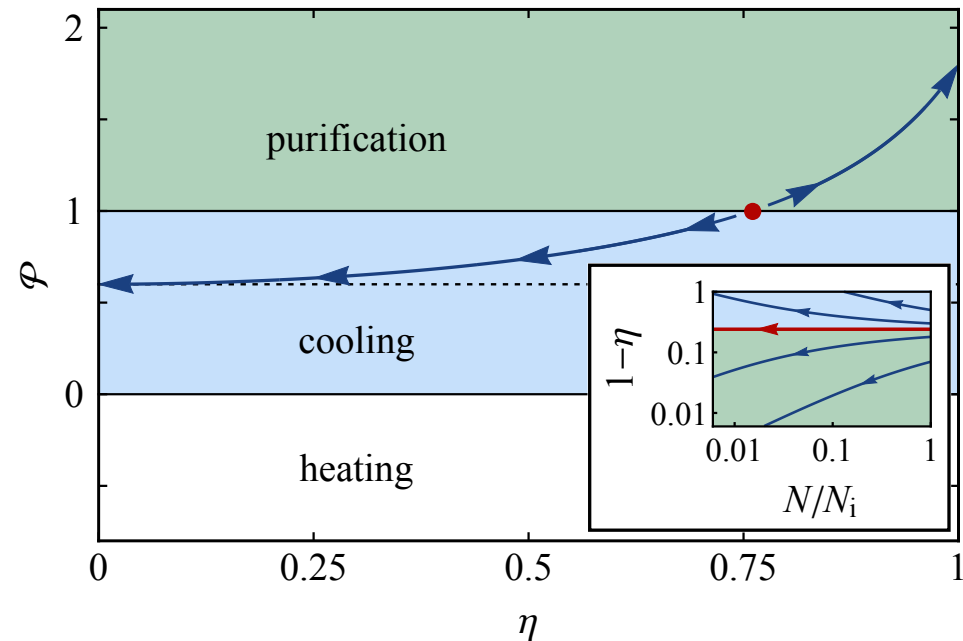
$$\Gamma_{\text{th}} N_{\text{th}} = K_3 (0 + 3N_0^2 N_{\text{th}} + 12N_0 N_{\text{th}}^2 + 6N_{\text{th}}^3) / V^2$$

$$\Gamma N = \Gamma_0 N_0 + \Gamma_{\text{th}} N$$

condensed fraction

$$\eta = \frac{N_0}{N} = \frac{n_0}{n}$$

$$\mathcal{P} = \frac{9}{5} \frac{2 - \eta^2}{6 - 9\eta^2 + 4\eta^3}$$



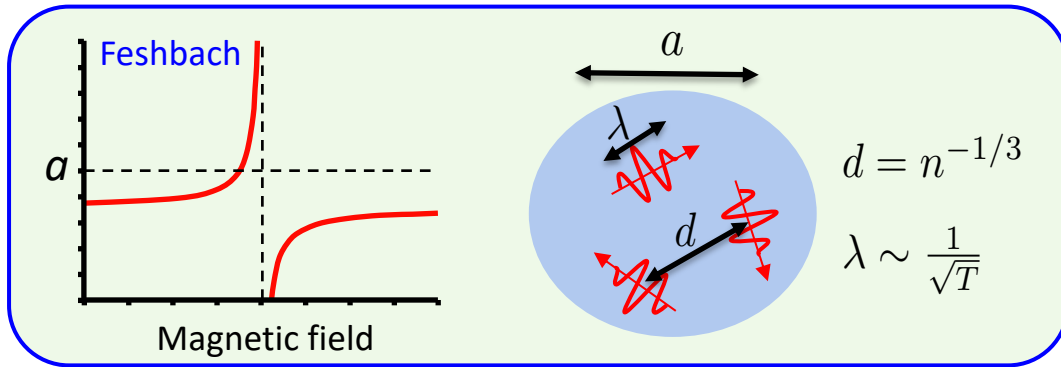
## Part 2.2:

Strong interactions + non-equilibrium (quench + losses)

Dynamics of a Bose gas quenched to “unitarity”

Interactions as strong as possible (allowed by quantum mechanics)

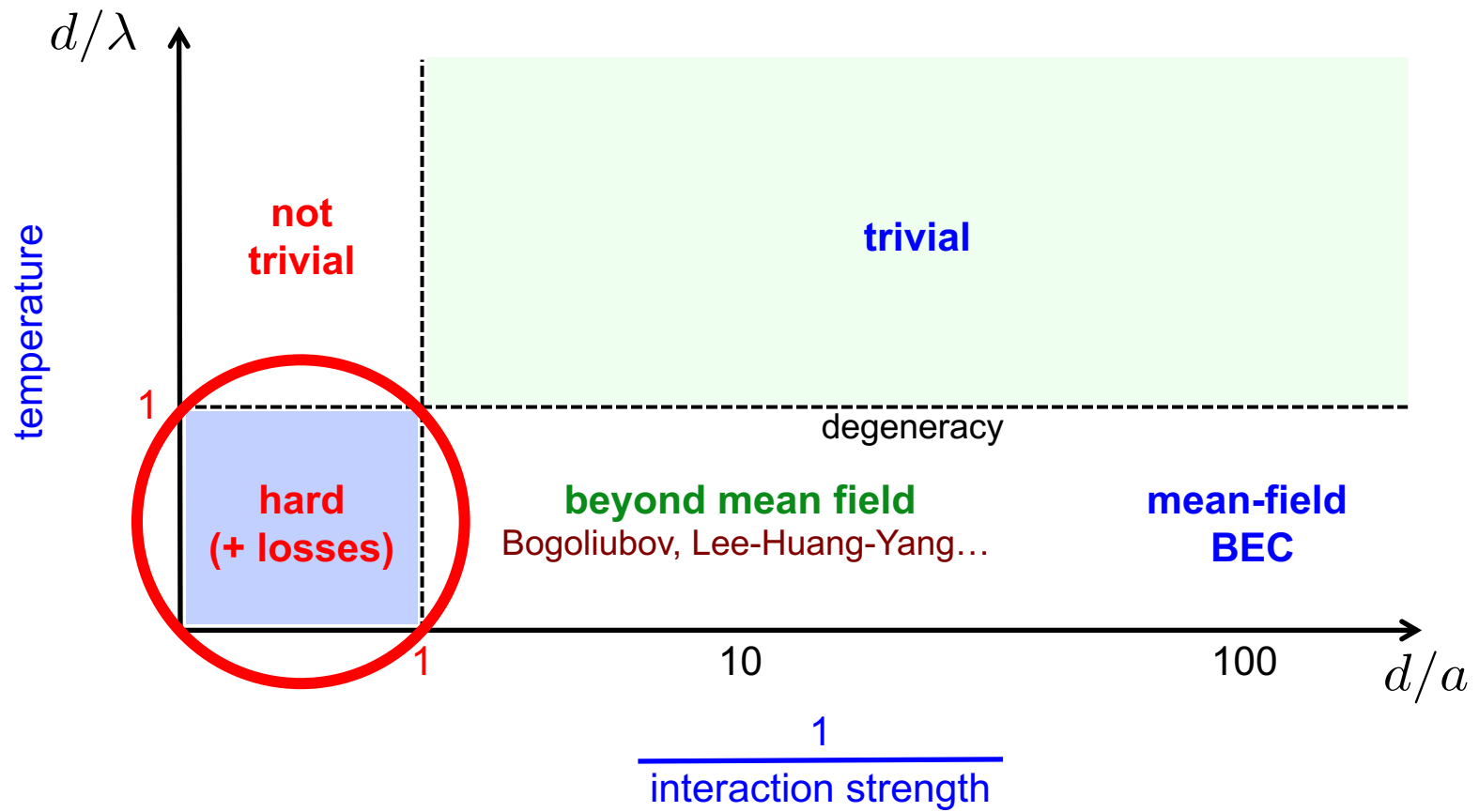
# Atomic Bose gases



Relevant lengthscales  ~~$\lambda$~~ ,  ~~$a$~~ ,  $d$

Unitarity:  $a \rightarrow \infty$

Experiments:  
ENS, Cambridge, JILA, Chicago...



# Part 2.2.1: Universal degenerate unitary Bose gas

**Only one lengthscale**  
(not really true... see later)

$$k_n = (6\pi^2 n)^{1/3} \quad E_n = \frac{\hbar^2}{2m} k_n^2 \quad t_n = \frac{\hbar}{E_n}$$

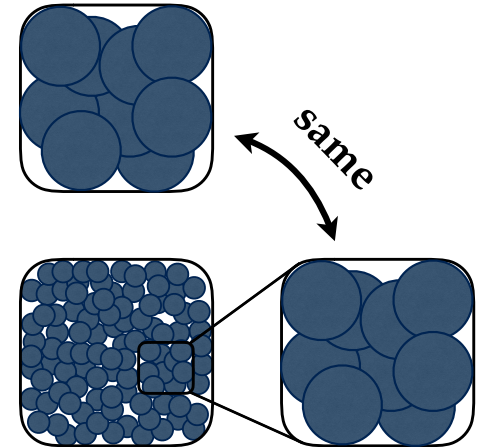
(“Fermi” momentum,  
energy, time)

Expect:

Self-similar gases of different densities

$$a \rightarrow \infty \quad \text{really means} \quad a_{\text{eff}} \sim d = n^{-1/3}$$

Universal energy per particle  $E/E_n \sim 1$ ,  
condensed/superfluid fraction  
...



Problem:

Does this state even exist?

Universality arguments also for  $m$ -body losses

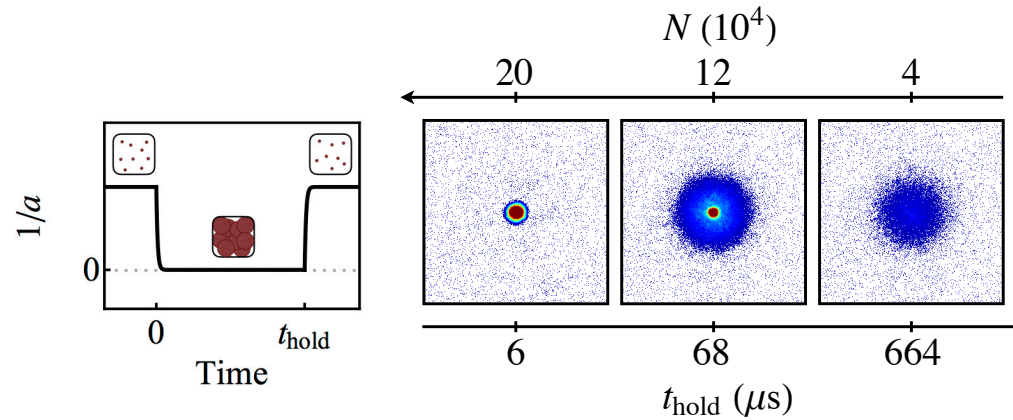
$$\dot{N}/N \sim -1/t_n \quad \text{“lifetime”} \sim \hbar/E_n \quad \text{“}Q \sim 1\text{”}$$

Well defined  
equilibrium properties?



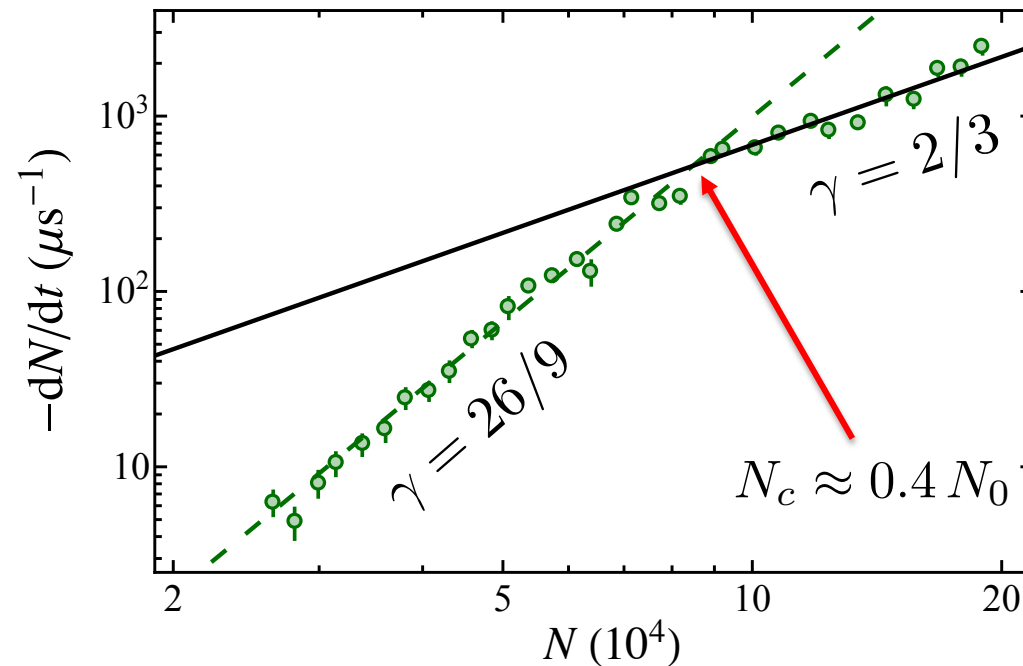
# Universality in decay (and heating) dynamics

Quench  
 $a \rightarrow \infty$   
 and back



Universality hypothesis:  
 $\dot{N}/N \propto -N^\gamma \quad \gamma = 2/3$   
 (in a box trap)

Crossover  
 degenerate  $\rightarrow$  thermal gas



C. Eigen, J.A.P. Glidden,  
 R. Lopes, N. Navon, ZH,  
 R.P. Smith, PRL 2017

2/3 also @ JILA:  
 Klauss *et al.*, PRL 2017

Thermal-gas theory @ ENS:  
 Rem *et al.*, PRL 2013

## An aside: 26/9?

$$\dot{N}/N \propto -N^\gamma$$

$$\dot{N}/N \propto -N^2 a^4 \quad \rightarrow \quad \dot{N}/N \propto -N^2 \lambda^4 \propto -N^2/T^2$$

Kinetic-energy heating (ENS theory):

$$dT/T = -(4/9) dN/N \quad \rightarrow \quad T \propto N^{-4/9}$$

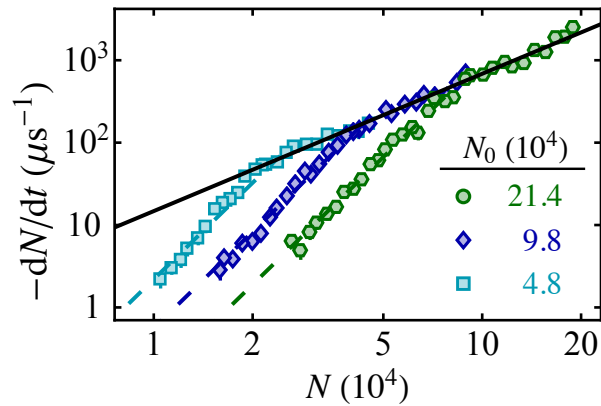
$$\gamma = 2 + 2 \times 4/9 = 26/9$$

# “Universal crossover” degenerate → thermal gas

C. Eigen, J.A.P. Glidden,  
R. Lopes, N. Navon, ZH,  
R.P. Smith, PRL 2017

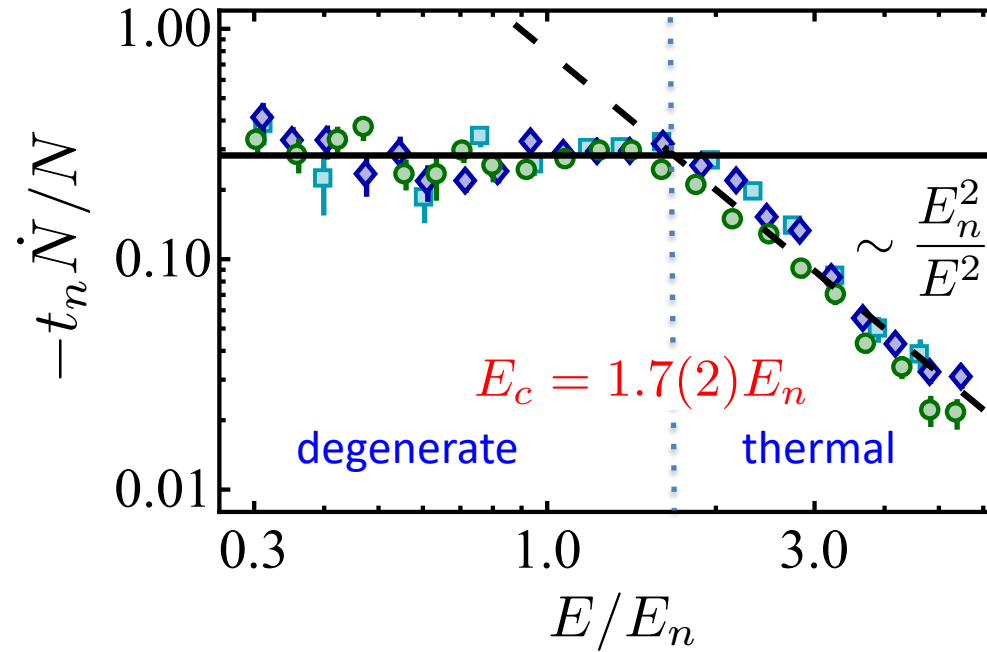
Different initial densities:

Always  $N_c = 0.43(4)N_0$



Can collapse all loss curves

Dimensionless  $t_n \times \dot{N}/N = f(E/E_n)$

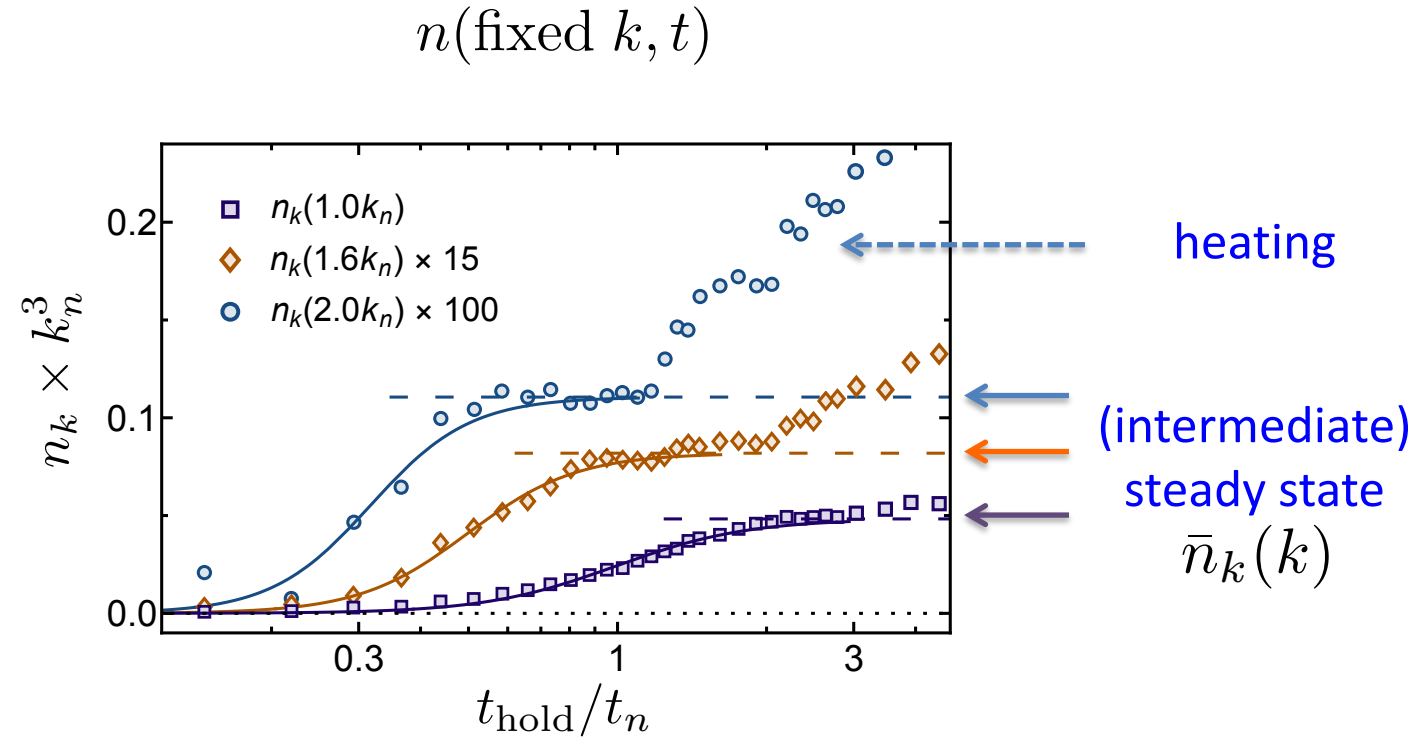


Crossover time:  $t_c = 4.0(4)t_{n0}$

“ $Q \sim 4$ ”



# Momentum- and time-resolved dynamics

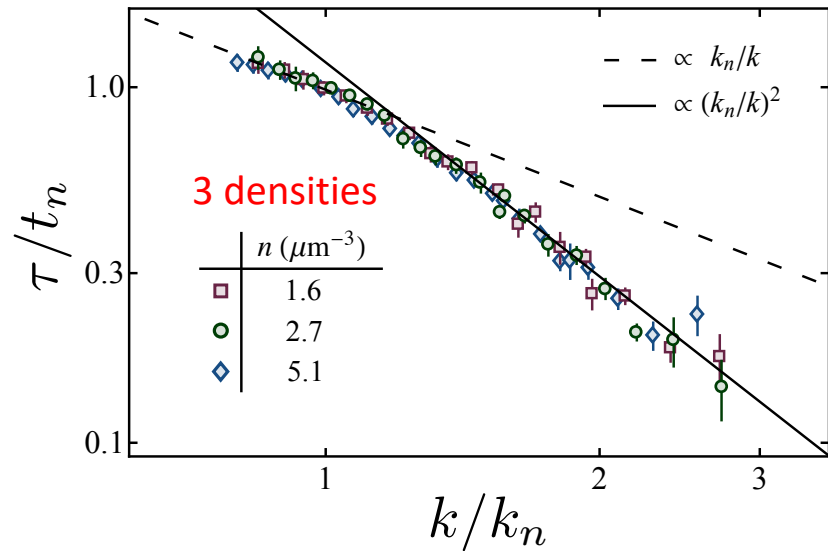


Get: “equilibration time”  $\tau(k)$   
“steady state”  $\bar{n}_k(k)$

# Universal “prethermal steady state”

C. Eigen *et al.*,  
Nature **563**, 221 (2018)

(Half-)Time to steady state



Consistent with “prethermalization”

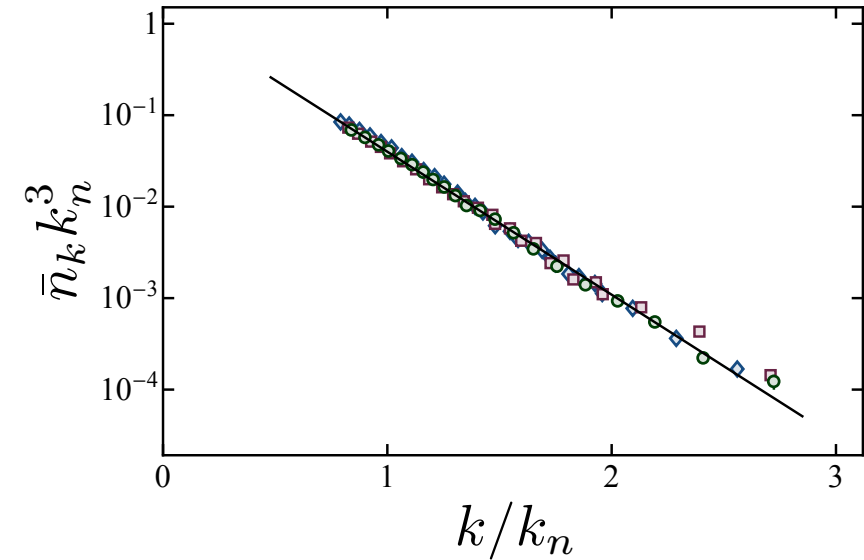
Bogoliubov-like excitations

$$\mu \sim E_n$$

$$w/ \quad v_s \sim \hbar k_n / m$$

$$\tau \sim 1/\omega$$

Steady-state momentum distribution



Exponential?

Energy

$$0.7 E_n$$

Condensed fraction 20% (not 0%)

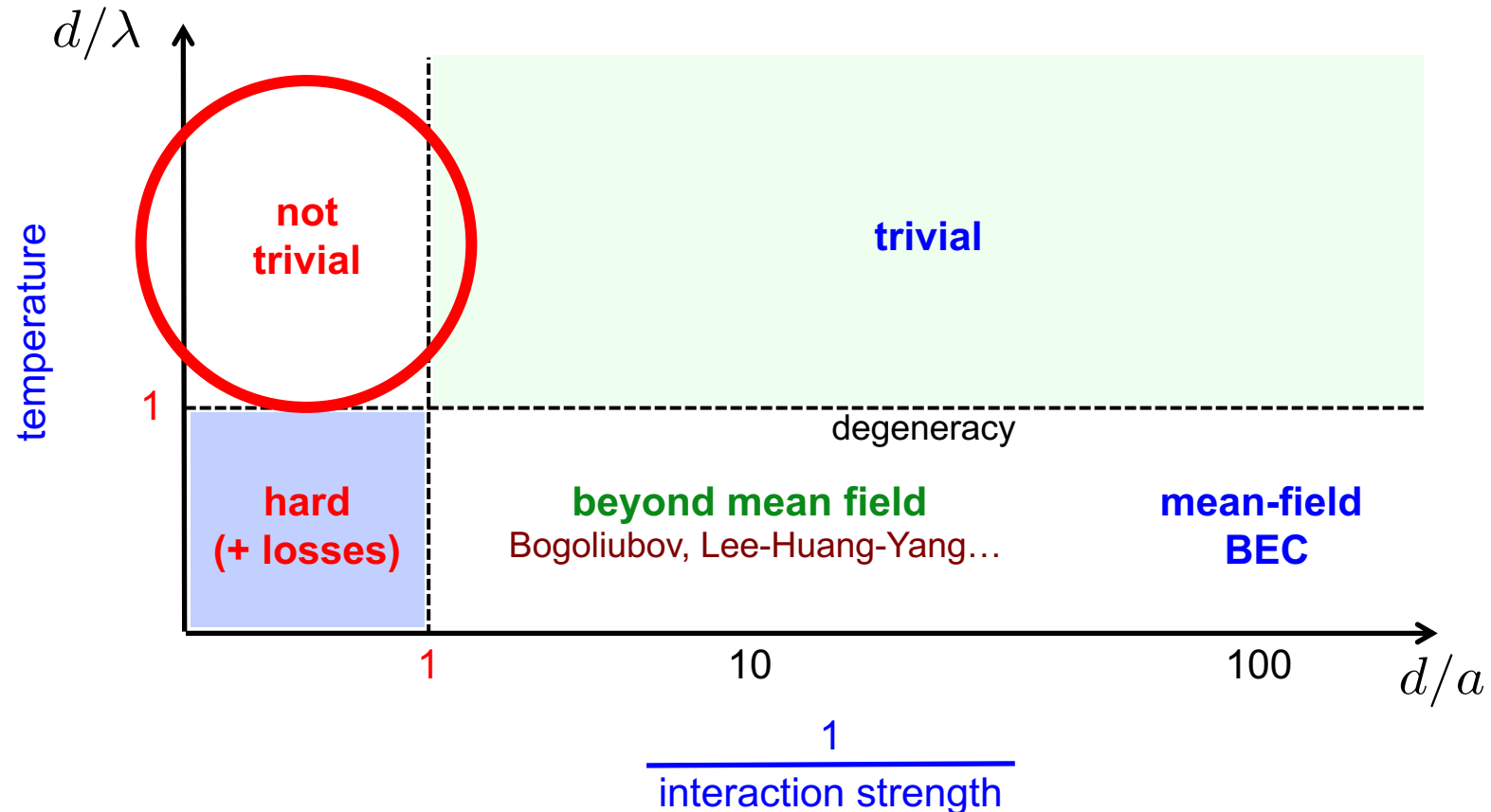
## Part 2.2.2: “Universality” in a thermal unitary gas?

Coherent 2-body processes slower than in a degenerate gas

3-body loss/heating *much* slower

W. Li and T.-L. Ho, PRL 2012

**nice timescale separation**



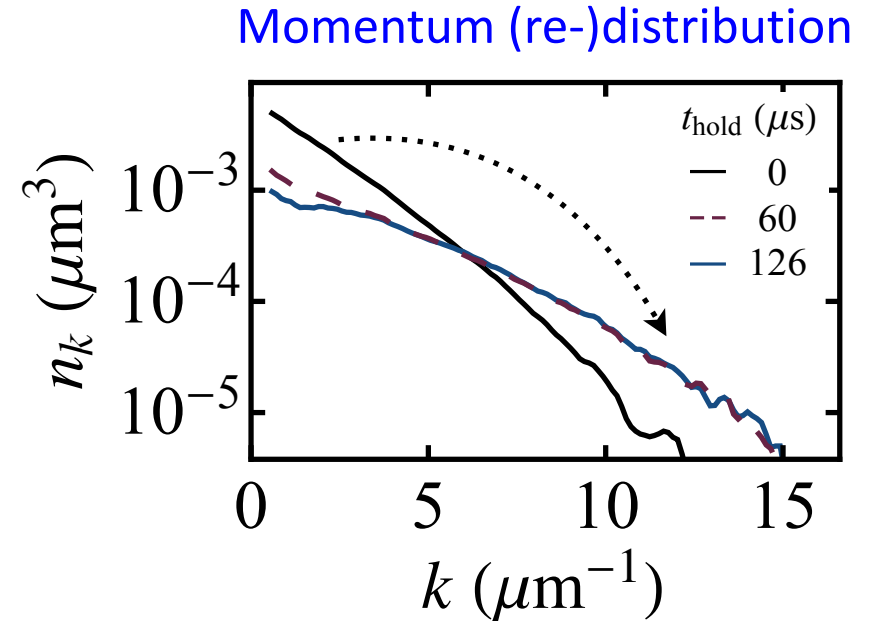
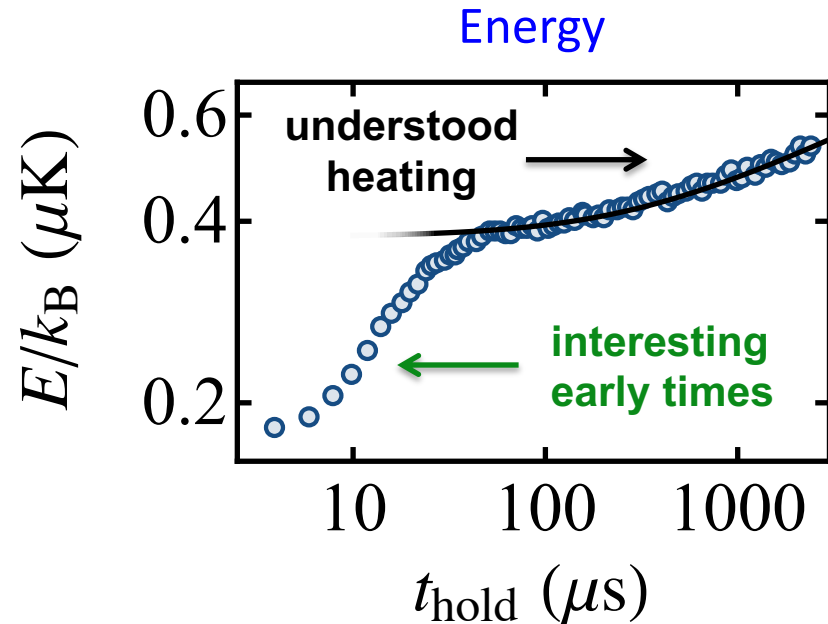
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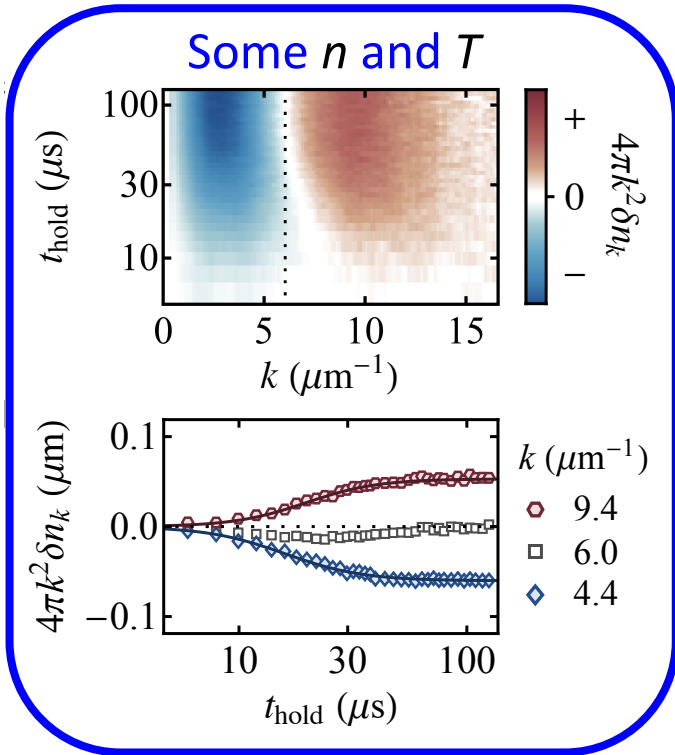
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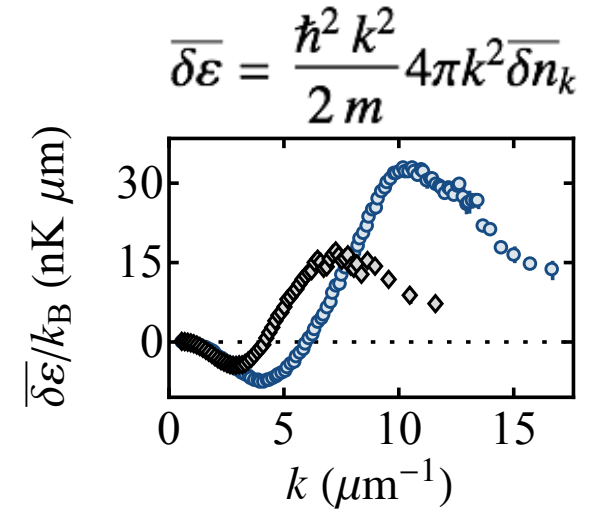
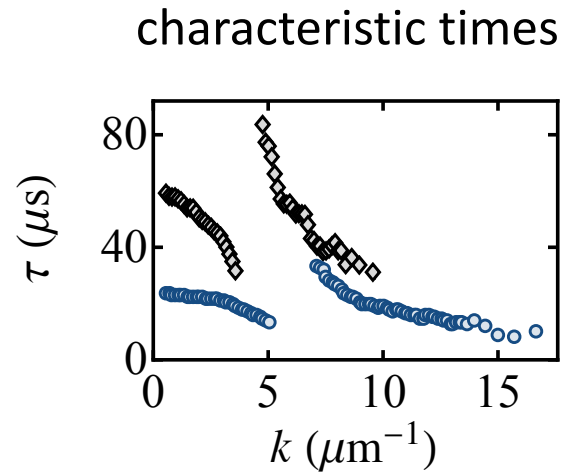
**BUT... two lengthscales:**

$$d = n^{-1/3}, \quad \lambda \sim 1/\sqrt{T}$$

# Momentum-space redistribution at early times



Two different  $n$  and  $T$



Are these curves “universal”?

infinitely many  
scale candidates:

$$k_n = (6\pi^2 n)^{1/3}$$

$$E_n = \frac{\hbar^2}{2m} k_n^2$$

$$t_n = \frac{\hbar}{E_n}$$

$$k_\lambda = 1/\lambda$$

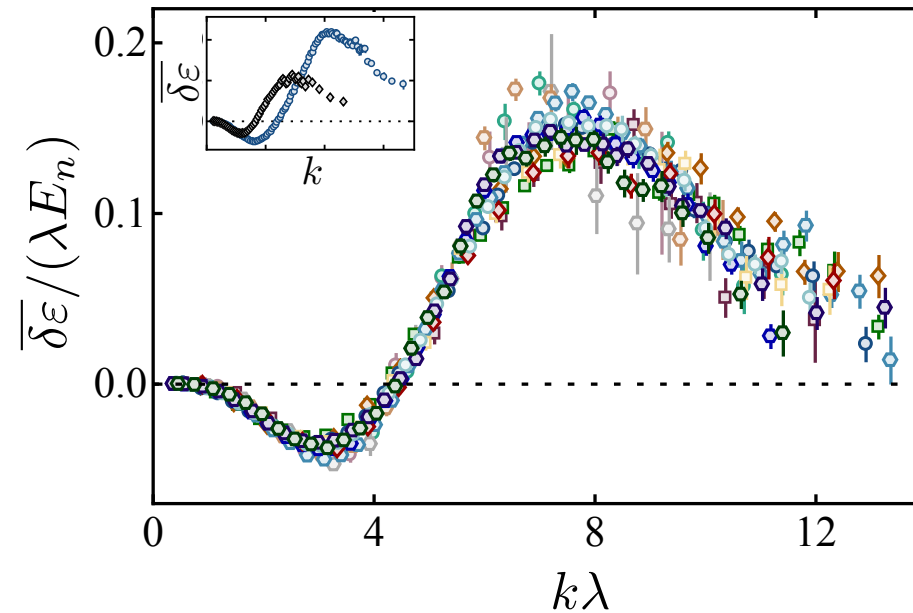
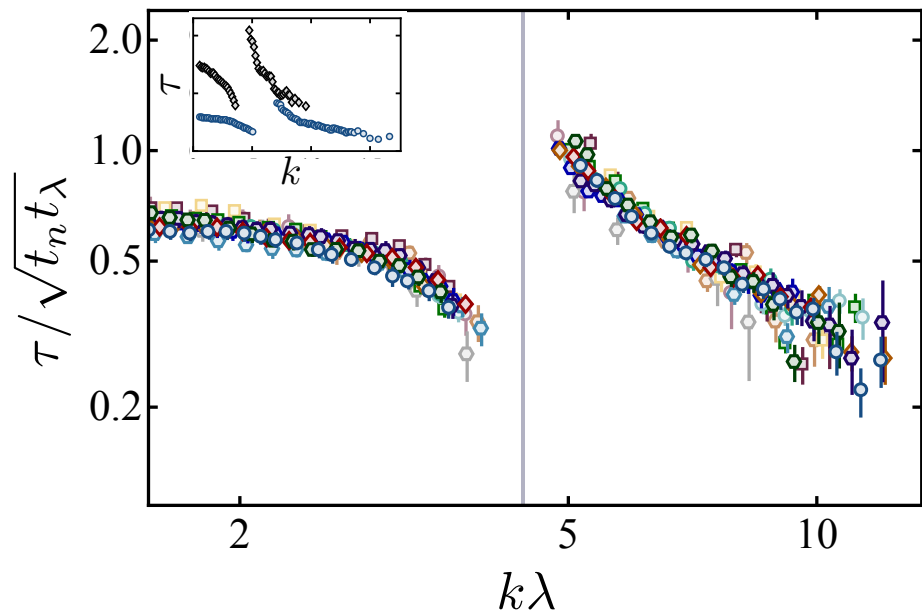
$$E_\lambda = k_B T$$

$$t_\lambda = \frac{\hbar}{k_B T}$$



# Unitary Thermal Gas Scaling Laws

	○	○	□	◇	◇	○	□	○	□	◇	○	○	○	○	○
$n_i$ ( $\mu\text{m}^{-3}$ )	0.7	1.1	1.2	1.2	1.7	2.0	2.2	2.7	3.1	3.8	4.2	5.1	5.2	5.6	6.8
$T_i$ (nK)	200	160	100	70	80	190	100	170	100	190	150	190	190	150	200



momentum	just $k_\lambda \sim 1/\lambda \sim \sqrt{T}$	kind of obvious
time	$\sqrt{t_n t_\lambda} \sim \hbar/\sqrt{E_n T}$	makes some sense
energy	just $E_n$	weird

# More on unitary Bose gases... (not in this course)

It's not actually all universal...



## Efimov 1970: Borromean 3-body bound states

First observation: enhanced 3-body loss [Kraemer *et al.*, Nature 2006]  
Coherent effects (including dynamics): “3-body clock shift” [Fletcher *et al.*, Science 2017]  
Efimov molecules: [Klauss *et al.*, PRL 2017]

